



### 45km Rider Info

Thank you for entering The Big Beach Ride 45km ride and supporting our charity partner, SunnyKids! The 45km ride will commence from Power Park, Mudjimba Esplanade, Mudjimba on Sunday 20 October at 7.00am. Important information regarding the event is outlined below. Please take the time to read it carefully. **In the event of an emergency anywhere along the route please call 000.** Call less serious medical situations through to the **Medical Command Centre on 0428 747 024.**

### Start Site - Power Park, Mudjimba Beach

There will be wave starts for the 45km ride, getting you rolling in small groups of about 20-30 riders. These waves will start progressively from 7.00am. We recommend you arrive at least 30mins prior to collect your rider kit and listen to the safety briefing.

There are two coffee shops across the road from the start site, toilets on site in the park and water available to ensure you start the ride with full water bottles.

5.30am	<b>The Island Surf &amp; Espresso open for coffee and breakfast</b>
6.00am	45km rider registration open at Power Park, Mudjimba (look for the BQ marquee)
6.50am	Event Safety Briefing
7.00am	Wave starts commence
7.15am	All riders departed start site

### Getting to the Start Line

Dedicated parking has been arranged at the Northshore Multisports Complex and Community Centre, an easy three min ride down Mudjimba Beach Road to the start (and beach). The dedicated parking is accessible off Mudjimba Beach Road [here](#). Please do not park in front of the Community Centre building as they have an event on the same day.

This is where the return bus service will bring you (and your bike) so if you've booked that, we highly recommend you parking here for the morning and using the ride to the start line as your warm-up 😊. If you decide to park elsewhere, please check local parking regulations and consider other local users and residents before leaving your car for the morning.

### Rider Kit Collection

1. You are required to check in at our on-site registration desk and collect your bike bibs for the ride. This is your event identification and must be attached to the front of your bike. The friendly volunteer crew will show you how to attach them to your bikes and then you'll be ready for the event briefing.
2. If you are a BQ member, you'll also be given a green wristband so you can gain access to the BQ Member marquee at the finish line.

## The Finish Line

Don't forget we are filling the finish line with a heap of fun activities for both kids and adults. There will be live music, circus workshops, virtual reality training rides, e-bike test rides and heaps more. Plan to hang around for a bit after your ride and enjoy all the activities as we celebrate all things cycling. Henk Vogels will MC the morning activities and there's heaps of great prizes to be won just by taking part.

If family or friends are joining you at the finish line but not riding, please advise them there is **no parking or vehicular access to the finish site via Red Cedar Drive**. They can either park in the dedicated parking area at [Pacific Lutheran College](#) on Woodlands Blvd or access the finish site parking from Meridan Way.

## Road Conditions

The 45km bike route will use a mixture of on road cycling and shared paths as we get closer to the finish. You will be sharing the road with moving traffic, local cyclists and maybe the odd animal. Normal road rules apply at all times and especially note:

- You must stop at all red lights.
- Do not pass on the left at any time.
- Ride no more than two abreast and allow traffic to pass safe
- Remember, each and every rider is a cycling ambassador on the day – it is very important we all do the right thing and set a good example for all road users!
- Please keep the roads we enjoy litter free! Keep any wrappers and rubbish in your pockets. There are bins at each stop and in parks along the way.

## Inclement Weather

The event will proceed if it rains. Only extreme weather will force a cancellation. All participants will be contacted via SMS if the event is cancelled and a message will be posted on the event [social media page](#).

## Queensland Road Rules for Cyclists

Bicycle road rules can be found here – please read them before the ride:  
[www.qld.gov.au/transport/safety/rules/nonpowered/bicycle/](http://www.qld.gov.au/transport/safety/rules/nonpowered/bicycle/)

## Signage

It is important to follow the event signage. Signs are not at every intersection, so do not turn off a street until the signs indicate to.

**Please do not make the mistake of blindly following the rider/s in front of you. They may not be part of the event.**

## Mechanical Support

A bicycle mechanic will be at the start site and mobile along the course. If you require mechanical assistance please move off the road, turn your bike upside down and wait. Mechanical assistance is free of charge, however parts (i.e. tubes) need to be paid for, so remember to bring a spare tube and/or puncture repair kit with you.

## Rest Stop

There is no dedicated rest stop for the 45km ride. A water station will be placed around the half way point to keep you hydrated. There will be supplies available for you at the start line to pack for the ride and enjoy at your own leisure.

## Bicycle Queensland Members

Bicycle Queensland members are invited to the BQ marquee. Please wear the green wristband (part of your rider pack) for entry (as well as to identify you as a member throughout the ride!). We hope you can join us to enjoy some light refreshments, sit in the shade and relax with some great tunes.

